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UDR, Inc. Commences a Monthly Dividend and Declares Dividends for the Second Quarter of 2026

Monthly Dividend Aligns with UDR's Cash Flow to Deliver More Frequent Cash Distributions to Shareholders

Denver, CO., April 29, 2026 – UDR, Inc. (NYSE: [UDR](#)), a leading multifamily real estate investment trust, today announced that its Board of Directors has approved an increase in the frequency of the Company's common stock dividend payment from quarterly to monthly.

"UDR's strategic pivot in dividend policy is consistent with our effort to expand access to capital," said Tom Toomey, UDR's Chairman, President, and Chief Executive Officer. "Our time-tested business of attracting apartment residents, collecting rents, managing expenses, and providing dividends to shareholders lends itself to a monthly distribution, which is appealing to a wide variety of investors, including retail. In addition, as the first residential REIT to offer monthly dividends, our responsiveness to growing interest in monthly cash distributions from institutional capital is emblematic of UDR's culture of innovation. We are proud of our dividend payment history, which includes approximately \$9 billion in dividends over 53 years. UDR has increased its dividend by 142% over the last 16 years, and we look forward to creating further shareholder value."

The Company's planned monthly dividend schedule, commencing with the dividend payable in July 2026, will have a record date on or around the fifteenth day of each month and will be payable on the last business day of each month.

Accordingly, the Company's Board of Directors declared dividends on its common stock for the second quarter of 2026 in the amount of \$0.145 per share per month, payable in cash on the payment dates set forth in the following table to UDR common stock shareholders of record as of the close of business on the corresponding record date in the following table. The monthly dividend reflects an annualized dividend amount of \$1.74 per share of common stock which equates to an annualized dividend yield of approximately 5 percent based on the closing price of UDR's common stock as of April 28, 2026. The dividends paid for the second quarter of 2026 will reflect the 215th consecutive quarter of dividends paid by the Company on its common stock.

Record Date	Payment Date	Amount
July 17, 2026	July 31, 2026	\$0.145 per common share
August 17, 2026	August 31, 2026	\$0.145 per common share
September 15, 2026	September 30, 2026	\$0.145 per common share
Total Dividends for 2Q 2026	-	\$0.435 per common share

The Company's Board of Directors also declared a regular quarterly dividend on its Series E preferred stock for the second quarter of 2026 in the amount of \$0.471 per share. The preferred dividend is payable on July 31, 2026, to Series E preferred stockholders of record as of July 17, 2026. The quarterly dividend reflects an annualized dividend amount of \$1.884 per share of Series E preferred stock.

About UDR, Inc.

UDR, Inc. (NYSE: [UDR](#)), an S&P 500 company, is a leading multifamily real estate investment trust with a demonstrated performance history of delivering superior and dependable returns by successfully managing, buying, selling, developing and redeveloping attractive real estate communities in targeted U.S. markets. As of March 31, 2026, UDR owned or had an ownership position in 59,782 apartment homes, including 300 apartment homes under development. For over 53 years, UDR has delivered long-term value to shareholders, the best standard of service to residents, and the highest quality experience for associates. Additional information can be found on the Company's refreshed Investor Relations website at ir.udr.com.

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