



NEWS RELEASE

Fitch Affirms Sabra's Credit Rating and Outlook

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IRVINE, Calif.--(BUSINESS WIRE)-- Sabra Health Care REIT, Inc. (Nasdaq: SBRA) announced today that Fitch Ratings has affirmed the ratings for Sabra and its subsidiaries at 'BBB-'; Fitch's Rating Outlook of Stable also remains unchanged.

Fitch's report notes the rating reflects Sabra's strong liquidity, portfolio quality and diversification, improving access to capital, and operator lease coverage. The full report can be found on Fitch's website at www.fitchratings.com.

Commenting on the report, Rick Matros, CEO and Chair, said, "Having a strong balance sheet remains a key pillar of Sabra's strategy and we are pleased this focus has been recognized in Fitch's ratings and outlook affirmations."

About Sabra

Sabra Health Care REIT, Inc., a Maryland corporation, operates as a self-administered, self-managed real estate investment trust (a "REIT") that, through its subsidiaries, owns and invests in real estate serving the healthcare industry throughout the United States and Canada.

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Source: Sabra Health Care REIT, Inc.