



NEWS RELEASE

## Fitch Issues Report Highlighting Sabra Health Care REIT, Inc. and the BBB- Rating Affirmed on September 26, 2017

2018-01-03

IRVINE, Calif., Jan. 03, 2018 (GLOBE NEWSWIRE) -- Sabra Health Care REIT, Inc. (Nasdaq:SBRA) (Nasdaq:SBRAP) announced today that Fitch Ratings issued a Spotlight Series report on December 21, 2017 highlighting Sabra's BBB- rating that was affirmed on September 26, 2017.

The report identified several key ratings drivers including improved tenant diversification and capital markets relevance from the CCP merger; expected improvement in quality, scale and diversification from the Enlivant and North American Healthcare transactions; expected quality improvement from anticipated Genesis dispositions; and a well positioned management team.

Fitch Ratings Spotlight Series can be found on its website at [www.fitchratings.com](http://www.fitchratings.com).

### About Sabra

Sabra Health Care REIT, Inc. (Nasdaq:SBRA) (Nasdaq:SBRAP), a Maryland corporation, operates as a self-administered, self-managed real estate investment trust (a "REIT") that, through its subsidiaries, owns and invests in real estate serving the healthcare industry. Sabra leases properties to tenants and operators throughout the United States and Canada.

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Source: Sabra Health Care REIT, Inc.