NEWS RELEASE

Sabra Announces the Additions of Lukas Hartwich and Eliza Gozar

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IRVINE, Calif.--(BUSINESS WIRE)-- Sabra Health Care REIT, Inc. (NASDAQ: SBRA) announced today that Lukas Hartwich and Eliza Gozar have joined Sabra.

Mr. Hartwich joins Sabra as Senior Vice President – Finance. In this role, Mr. Hartwich will work directly with Michael Costa, Sabra's Executive Vice President – Finance and Chief Accounting Officer, in overseeing Sabra's investor relations, capital markets and financial planning and analysis functions. Mr. Hartwich comes to Sabra after 15 years at Green Street, most recently as a Managing Director, where he served as the head of research coverage for the health care and lodging sectors. Mr. Hartwich is a graduate of the University of Arizona and holds the Chartered Financial Analyst designation.

Ms. Gozar joins Sabra as Senior Vice President – Investments. In this role, Ms. Gozar will work directly with Darrin Smith, Sabra's Executive Vice President – Investments, in managing investments and business development. Ms. Gozar comes to Sabra with over 24 years of professional experience including 16 years of dedicated health care REIT experience, most recently at American Healthcare Investors, where she served as Senior Vice President of Acquisitions since 2015. Prior to American Healthcare Investors, Ms. Gozar worked at HCP, Inc. (now HealthPeak), serving on both the Acquisitions and Asset Management teams from 2005 to 2015. Ms. Gozar is a graduate of both Johns Hopkins University SAIS Europe and Pomona College.

Commenting on these additions, Rick Matros, CEO and Chair, said, "We are very pleased to have Lukas and Eliza on the Sabra team. We have known Lukas for years from his time covering Sabra at Green Street. Eliza comes to Sabra with fantastic experience and had previously worked with Darrin Smith. Both bring added depth to Sabra and are terrific fits with our culture."

ABOUT SABRA

Sabra Health Care REIT, Inc. (Nasdaq: SBRA), a Maryland corporation, operates as a self-administered, self-managed real estate investment trust (a "REIT") that, through its subsidiaries, owns and invests in real estate serving the healthcare industry throughout the United States and Canada.

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