NEWS RELEASE

Sabra Health Care REIT, Inc. Announces 2010 Fourth Quarter and Year-End Earnings Release Date and Conference Call

2011-02-16

IRVINE, Calif., Feb. 16, 2011 (GLOBE NEWSWIRE) -- Sabra Health Care REIT, Inc. (Nasdaq:SBRA) announced today that it will issue its 2010 fourth quarter and year-end earnings release after close of market on Wednesday, March 2, 2011. Sabra's 2010 fourth quarter and 2010 fiscal year consist only of the period from November 15, 2010 to December 31, 2010.

Sabra Health Care REIT, Inc. (Nasdaq:SBRA), a Maryland Corporation, is a self-administered, self-managed real estate investment trust that, through its subsidiaries, owns and invests in real estate serving the healthcare industry. Sabra leases properties to tenants and operators throughout the United States. As of December 31, 2010, Sabra's portfolio consisted of 67 skilled nursing facilities, ten combined skilled nursing, assisted living and independent living facilities, five assisted living facilities, two mental health facilities, one independent living facility and one continuing care retirement community with a total of 9,603 licensed beds in 19 states.

The Sabra Health Care REIT, Inc. logo is available at **http://www.globenewswire.com/newsroom/prs/?pkgid=8563**

CONTACT: Investor & Media Inquiries: (949) 679-0410

Source: Sabra Health Care REIT, Inc.