



NEWS RELEASE

## Sabra Health Care REIT, Inc. Announces 2011 Fourth Quarter and Year-End Earnings Release Date and Conference Call

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IRVINE, Calif., Feb. 7, 2012 (GLOBE NEWSWIRE) -- Sabra Health Care REIT, Inc. (Nasdaq:SBRA) announced today that it will issue its 2011 fourth quarter and year-end earnings release after close of market on Wednesday, February 29, 2012.

A conference call to discuss the 2011 fourth quarter and year-end earnings will be held on Thursday, March 1, 2012 at 10:00am pacific standard time. The dial in number for the conference call is (888) 516-2377 and the participant code is "Sabra." A replay of the call will also be available by dialing (888) 203-1112, passcode 7887342 for 30 days following the call.

Sabra Health Care REIT, Inc., a Maryland corporation, is a self-administered, self-managed real estate investment trust that through its subsidiaries, owns and invests in real estate serving the healthcare industry. Sabra leases properties to tenants and operators throughout the United States. As of December 6, 2011, Sabra's investment portfolio included 97 properties consisting of (i) 76 skilled nursing facilities, (ii) ten combined skilled nursing, assisted living and independent living facilities, (iii) six assisted living facilities, (iv) two mental health facilities, (v) one independent living facility, (vi) one continuing care retirement community, and (vii) one acute care hospital. As of December 6, 2011, Sabra's properties were located in 23 states and included 10,877 licensed beds.

The Sabra Health Care REIT, Inc. logo is available at <http://www.globenewswire.com/newsroom/prs/?pkgid=8563>

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Source: Sabra Health Care REIT, Inc.