NEWS RELEASE

Sabra Health Care REIT, Inc. Announces 2012 Fourth Quarter Earnings Release Date and Conference Call

2013-02-04

IRVINE, Calif., Feb. 4, 2013 (GLOBE NEWSWIRE) -- Sabra Health Care REIT, Inc. (Nasdaq:SBRA) announced today that it will issue its 2012 fourth quarter earnings release after close of market on February 27, 2013.

A conference call to discuss the 2012 fourth quarter earnings will be held on Thursday, February 28, 2013 at 10am Pacific Time. The dial in number for the conference call is (888) 556-4997 and the participant code is "Sabra." A replay of the call will also be available by dialing (888) 203-1112, passcode 9243627 for 30 days following the call.

Sabra Health Care REIT, Inc. (Nasdaq:SBRA), a Maryland corporation, operates as a self-administered, self-managed real estate investment trust (a "REIT") that, through its subsidiaries, owns and invests in real estate serving the healthcare industry. Sabra leases properties to tenants and operators throughout the United States. As of February 4, 2013, Sabra's investment portfolio included 119 properties leased to operators/tenants under triple-net lease agreements (consisting of (i) 96 skilled nursing/post-acute facilities, (ii) 22 senior housing facilities, and (iii) one acute care hospital) and three mortgage loan investments. As of February 4, 2013, Sabra's properties were located in 27 states and included 12,382 licensed beds/units.

The Sabra Health Care REIT, Inc. logo is available at **http://www.globenewswire.com/newsroom/prs/?pkgid=8563**

CONTACT: Investor & Media Inquiries: (949) 679-0410

Source: Sabra Health Care REIT, Inc.