NEWS RELEASE

Sabra Health Care REIT, Inc. Announces 2012 Second Quarter Earnings Release Date and Conference Call

2012-07-19

IRVINE, Calif., July 19, 2012 (GLOBE NEWSWIRE) -- Sabra Health Care REIT, Inc. (Nasdaq:SBRA) announced today that it will issue its 2012 second quarter earnings release after close of market on August 1, 2012.

A conference call to discuss the 2012 second quarter earnings will be held on Thursday, August 2, 2012 at 10:00am pacific time. The dial in number for the conference call is 888-490-2767 and the participant code is "Sabra." A replay of the call will also be available by dialing 888-203-1112, passcode 2704460 for 30 days following the call.

Sabra Health Care REIT, Inc. (Nasdaq:SBRA), a Maryland corporation, is a self-administered, self-managed real estate investment trust (a "REIT") that, through its subsidiaries, owns and invests in real estate serving the healthcare industry. Sabra leases properties to tenants and operators throughout the United States. As of June 22, 2012, Sabra's investment portfolio included 103 properties (consisting of (i) 93 skilled nursing/post-acute facilities, (ii) nine senior housing facilities, and (iii) one acute care hospital), one mortgage loan investment and one mezzanine loan investment. As of June 22, 2012, Sabra's properties were located in 25 states and included 11,444 licensed beds.

The Sabra Health Care REIT, Inc. logo is available at **http://www.globenewswire.com/newsroom/prs/?pkgid=8563**

CONTACT: Investor & Media Inquiries: (949) 679-0410

Source: Sabra Health Care REIT, Inc.