NEWS RELEASE

Sabra Health Care REIT, Inc. Announces 2013 First Quarter Earnings Release Date and Conference Call

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IRVINE, Calif., April 18, 2013 (GLOBE NEWSWIRE) -- Sabra Health Care REIT, Inc. (Nasdaq:SBRA) announced today that it will issue its 2013 first quarter earnings release after close of market on May 1, 2013.

A conference call to discuss the 2013 first quarter earnings will be held on Thursday, May 2 at 10am Pacific Time. The dial in number for the conference call is (888) 312-3048 and the participant code is "Sabra." A replay of the call will also be available by dialing (888) 203-1112, passcode 5201862 for 30 days following the call.

Sabra Health Care REIT, Inc. (Nasdaq:SBRA), a Maryland corporation, operates as a self-administered, self-managed real estate investment trust (a "REIT") that, through its subsidiaries, owns and invests in real estate serving the healthcare industry. Sabra leases properties to tenants and operators throughout the United States.

The Sabra Health Care REIT, Inc. logo is available at **http://www.globenewswire.com/newsroom/prs/?pkgid=8563**

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