NEWS RELEASE

Sabra Health Care REIT, Inc. Announces 2013 Third Quarter Earnings Release Date and Conference Call

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IRVINE, Calif., Oct. 17, 2013 (GLOBE NEWSWIRE) --Sabra Health Care REIT, Inc. (Nasdaq:SBRA) announced today that it will issue its 2013 third quarter earnings release after close of market on October 23, 2013.

A conference call to discuss the 2013 third quarter earnings will be held on Thursday, October 24th at 10 am Pacific Time. The dial in number for the conference call is (888) 401-4669 and the participant code is "Sabra." A replay of the call will also be available by dialing (888) 203-1112, passcode 2072138 for 30 days following the call.

Sabra Health Care REIT, Inc. (Nasdaq:SBRA), a Maryland corporation, operates as a self-administered, self-managed real estate investment trust (a "REIT") that, through its subsidiaries, owns and invests in real estate serving the healthcare industry. Sabra leases properties to tenants and operators throughout the United States.

The Sabra Health Care REIT, Inc. logo is available at **http://www.globenewswire.com/newsroom/prs/?pkgid=8563**

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