



NEWS RELEASE

Sabra Health Care REIT, Inc. Announces 2014 Second Quarter Earnings Release Date and Conference Call

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IRVINE, Calif., July 21, 2014 (GLOBE NEWSWIRE) -- Sabra Health Care REIT, Inc. (Nasdaq:SBRA) announced today that it will issue its 2014 second quarter earnings release after close of market on Wednesday July 30, 2014.

A conference call to discuss the 2014 second quarter earnings will be held on Thursday July 31, 2014 at 10:00 am Pacific Time. The dial in number for the conference call is (888) 329-8877 and the participant code is "SABRA." A replay of the call will also be available by dialing (888) 203-1112, passcode 1063605 for 30 days following the call.

Sabra Health Care REIT, Inc. (Nasdaq:SBRA), a Maryland corporation, operates as a self-administered, self-managed real estate investment trust (a "REIT") that, through its subsidiaries, owns and invests in real estate serving the healthcare industry. Sabra leases properties to tenants and operators throughout the United States.

The Sabra Health Care REIT, Inc. logo is available at <http://www.globenewswire.com/newsroom/prs/?pkgid=8563>

CONTACT: Investor & Media Inquiries: (949) 679-0410

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