



NEWS RELEASE

Sabra Health Care REIT, Inc. Announces First Quarter 2016 Earnings Release Date and Conference Call

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IRVINE, Calif., April 19, 2016 (GLOBE NEWSWIRE) -- Sabra Health Care REIT, Inc. (NASDAQ:SBRA) (NASDAQ:SBRAP) announced today that it will issue its 2016 first quarter earnings release after close of market on May 2, 2016.

A conference call with a simultaneous webcast to discuss the 2016 first quarter earnings will be held on Tuesday, May 3 at 10:00 a.m. Pacific Time. The dial in number for the conference call is 888-395-3227 and the participant code is SABRA.

The webcast URL is <https://www.webcaster4.com/Webcast/Page/1456/14710>.

A replay of the call will also be available for 30 days following the call, by dialing 888-203-1112 and using the passcode 2152940.

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