



NEWS RELEASE

Sabra Health Care REIT, Inc. Announces First Quarter 2019 Earnings Release Date and Conference Call

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IRVINE, Calif.--(BUSINESS WIRE)-- Sabra Health Care REIT, Inc. (Nasdaq: SBRA) announced today that it will issue its 2019 first quarter earnings release on May 8, 2019.

A conference call with a simultaneous webcast to discuss the 2019 first quarter results will be held on Thursday, May 9 at 10:00 a.m. Pacific Time. The dial-in number for U.S. participants is 844-862-3710. For participants outside the U.S., the dial-in number is 612-979-9902. The conference ID number is 9696945.

The webcast URL is <https://edge.media-server.com/m6/p/syww4zvv>. A digital replay of the call will be available on our website at www.sabrahealth.com.

About Sabra

Sabra Health Care REIT, Inc., a Maryland corporation, operates as a self-administered, self-managed real estate investment trust (a "REIT") that, through its subsidiaries, owns and invests in real estate serving the healthcare industry throughout the United States and Canada.

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