NEWS RELEASE

Sabra Health Care REIT, Inc. Announces Fourth Quarter 2015 Earnings Release Date and Conference Call; Declares Common and Preferred Dividends

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IRVINE, Calif., Feb. 04, 2016 (GLOBE NEWSWIRE) -- Sabra Health Care REIT, Inc. (NASDAQ:SBRA) (NASDAQ:SBRAP) announced today that it will issue its 2015 fourth quarter earnings release on February 21, 2016.

A conference call to discuss the 2015 fourth quarter earnings will be held on Monday, February 22 at 10:00 a.m. Pacific Time. The dial in number for the conference call is 888-468-2440 and the participant code is SABRA. A replay of the call will also be available for 30 days following the call, by dialing 888-203-1112 and using the passcode 1411006.

Also, on February 3, 2016, Sabra's board of directors declared a quarterly cash dividend of $0.41 per share of common stock. The dividend will be paid on February 29, 2016 to common stockholders of record as of the close of business on February 16, 2016.

ABOUT SABRA
Sabra Health Care REIT, Inc. (NASDAQ:SBRA) (NASDAQ:SBRAP), a Maryland corporation, operates as a self-administered, self-managed real estate investment trust (a "REIT") that, through its subsidiaries, owns and invests in real estate serving the healthcare industry. Sabra leases properties to tenants and operators throughout the United States and Canada.

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