



NEWS RELEASE

## Sabra Health Care REIT, Inc. Announces Fourth Quarter 2018 Earnings Release Date and Conference Call; Declares Common Dividend; Receives Affirmed S&P Ratings and Outlook

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IRVINE, Calif., Feb. 05, 2019 (GLOBE NEWSWIRE) -- Sabra Health Care REIT, Inc. (NASDAQ: SBRA) announced today that it will issue its 2018 fourth quarter earnings release on February 24, 2019.

A conference call with a simultaneous webcast to discuss the 2018 fourth quarter results will be held on Monday, February 25 at 10:00 a.m. Pacific Time. The dial-in number for U.S. participants is 844-862-3710. For participants outside the U.S., the dial-in number is 612-979-9902. The conference ID number is 2758908.

The webcast URL is <https://edge.media-server.com/m6/p/gfy3ywbv>. A digital replay of the call will be available on our website at [www.sabrahealth.com](http://www.sabrahealth.com).

Also, on February 5, 2019, Sabra's board of directors declared a quarterly cash dividend of \$0.45 per share of common stock. The dividend will be paid on February 28, 2019 to common stockholders of record as of the close of business on February 15, 2019.

Lastly, on February 1, 2019, S&P Global Ratings issued a report re-affirming Sabra's issuer rating, senior unsecured notes rating and stable outlook.

The S&P Global Ratings report can be found on its website at [www.standardandpoors.com/ratings](http://www.standardandpoors.com/ratings).

About Sabra

Sabra Health Care REIT, Inc., a Maryland corporation, operates as a self-administered, self-managed real estate investment trust (a "REIT") that, through its subsidiaries, owns and invests in real estate serving the healthcare industry throughout the United States and Canada.

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