NEWS RELEASE

Sabra Health Care REIT, Inc. Announces Leadership Promotions

2025-02-17

TUSTIN, Calif.--(BUSINESS WIRE)-- Sabra Health Care REIT, Inc. (“Sabra,” the “Company” or “we”) (Nasdaq: SBRA) today announced three promotions within its leadership team.

- Lukas Hartwich has been promoted to Executive Vice President – Finance after previously serving as Senior Vice President – Finance. Since joining Sabra in October 2021, Mr. Hartwich has made notable contributions across the organization, including through his leadership of Sabra’s financial planning and analysis, investor relations, and business intelligence functions. Prior to joining Sabra, Mr. Hartwich spent 15 years at Green Street, a leading independent research and advisory firm concentrated on the commercial real estate industry. Mr. Hartwich graduatedsumma cum laudefrom the University of Arizona with a Bachelor of Science in Finance and is a CFA charterholder.
- Kara Pappanduros has been promoted to Senior Vice President – Asset Management after previously serving as Vice President – Asset Management. Ms. Pappanduros joined Sabra in November 2019 and has a deep understanding of the unique financial and operational needs of healthcare organizations, having worked closely with multiple operators throughout the years. Prior to Sabra, she had the privilege of working in skilled nursing operations for over 24 years, beginning her career as a Certified Nursing Assistant with Beverly Enterprises and becoming a licensed Nursing Home Administrator in California. Ms. Pappanduros obtained a Bachelor of Science in Community Health and a Master’s degree in Business Administration. Throughout her career, she has enjoyed staying an active member of the California Healthcare Association and is grateful for her time serving seniors learning from their experiences and working with so many caring individuals who are making a difference every day.
- Anna Mohr has been promoted to Vice President – Human Resources after previously serving as Director – Human Resources. Since joining Sabra in June 2020, Ms. Mohr has led the human resources department with

a strategic and visionary approach. She holds certifications as a Senior HR Professional (SHRM-SCP) from the Society for Human Resource Management and as a Senior Professional in Human Resources (SPHR) from PIHRA. With over 15 years of diverse HR experience, Ms. Mohr has been instrumental in driving HR strategies that align with Sabra's culture and long-term goals, while helping to cultivate a dynamic and inclusive workplace culture that fosters collaboration, creativity and growth. Before joining Sabra, she headed human resources functions in small to mid-size companies in the healthcare and legal services industries.

Commenting on the leadership team promotions, Mr. Matros said, "We are truly fortunate to have such an amazing team here at Sabra. Lukas, Kara, and Anna have set incredibly high standards for themselves and continue to exceed them. They are smart, driven and just genuinely good people who contribute mightily not just to the business of Sabra but our culture as well."

About Sabra

Sabra Health Care REIT, Inc., a Maryland corporation, operates as a self-administered, self-managed real estate investment trust (a "REIT") that, through its subsidiaries, owns and invests in real estate serving the healthcare industry throughout the United States and Canada.

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Source: Sabra Health Care REIT, Inc.