



NEWS RELEASE

## Sabra Health Care REIT, Inc. Announces Tax Treatment of 2012 Distributions

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IRVINE, Calif., Jan. 22, 2013 (GLOBE NEWSWIRE) -- Sabra Health Care REIT, Inc. (Nasdaq:SBRA) announced today the tax treatment for its 2012 distributions. The following table summarizes, for income tax purposes, the nature of cash distributions paid to stockholders during the calendar year ended December 31, 2012:

Common Stock (CUSIP # 78573L106)

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Record Date	Payable Date	Distribution Per Share	Ordinary Dividends		Qualified	Non-Dividend Distributions
			Total	Non-Qualified		
3/15/2012	3/30/2012	\$ 0.3300	\$ 0.1998	\$ 0.1998	\$ --	\$ 0.1302
5/15/2012	5/31/2012	\$ 0.3300	\$ 0.1998	\$ 0.1998	\$ --	\$ 0.1302
8/15/2012	8/31/2012	\$ 0.3300	\$ 0.1998	\$ 0.1998	\$ --	\$ 0.1302
11/15/2012	11/30/2012	\$ 0.3300	\$ 0.1998	\$ 0.1998	\$ --	\$ 0.1302
		\$ 1.3200	\$ 0.7992	\$ 0.7992	\$ --	\$ 0.5208

Sabra Health Care REIT, Inc. (Nasdaq:SBRA), a Maryland corporation, operates as a self-administered, self-managed real estate investment trust (a "REIT") that, through its subsidiaries, owns and invests in real estate serving the healthcare industry. Sabra leases properties to tenants and operators throughout the United States. As of January 15, 2013, Sabra's investment portfolio included 120 properties leased to operators/tenants under triple-net lease agreements (consisting of (i) 97 skilled nursing/post-acute facilities, (ii) 22 senior housing facilities, and (iii) one acute care hospital) and two mortgage loan investments. As of January 15, 2013, Sabra's properties were located in 27 states and included 12,552 licensed beds/units.

The Sabra Health Care REIT, Inc. logo is available at <http://www.globenewswire.com/newsroom/prs/?pkgid=8563>

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Source: Sabra Health Care REIT, Inc.