



NEWS RELEASE

Sabra Health Care REIT, Inc. Announces Tax Treatment of 2013 Distributions

2014-01-22

IRVINE, Calif., Jan. 22, 2014 (GLOBE NEWSWIRE) -- Sabra Health Care REIT, Inc. (Nasdaq:SBRA) announced today the tax treatment for its 2013 distributions. The following table summarizes, for income tax purposes, the nature of cash distributions paid to stockholders during the calendar year ended December 31, 2013:

Record Date	Payable Date	Distribution Per Share	Ordinary Dividends		Qualified	Non-Dividend Distributions
			Total	Non-Qualified		
2/15/2013	2/28/2013	\$ 0.3400	\$ 0.1168	\$ 0.1168	\$ --	\$ 0.2232
5/15/2013	5/31/2013	\$ 0.3400	\$ 0.1168	\$ 0.1168	\$ --	\$ 0.2232
8/15/2013	8/30/2013	\$ 0.3400	\$ 0.1168	\$ 0.1168	\$ --	\$ 0.2232
11/15/2013	11/29/2013	\$ 0.3400	\$ 0.1168	\$ 0.1168	\$ --	\$ 0.2232
		\$ 1.3600	\$ 0.4672	\$ 0.4672	\$ --	\$ 0.8928

ABOUT SABRA

Sabra Health Care REIT, Inc. (Nasdaq:SBRA), a Maryland corporation, operates as a self-administered, self-managed real estate investment trust (a "REIT") that, through its subsidiaries, owns and invests in real estate serving the healthcare industry.

CONTACT: Investor & Media Inquiries: (949) 679-0410

Source: Sabra Health Care REIT, Inc.