



NEWS RELEASE

Sabra Health Care REIT, Inc. Announces Tax Treatment of 2019 Distributions

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IRVINE, Calif.--(BUSINESS WIRE)-- Sabra Health Care REIT, Inc. (NASDAQ: SBRA) announced today the tax treatment for its 2019 distributions. The following table summarizes, for income tax purposes, the nature of cash distributions paid:

Common Stock (CUSIP # 78573L106)

Record Date	Payable Date	Distribution per Share	Total Ordinary Dividends	Non-Qualified Dividends	Qualified Dividends	Non-Dividend Distributions
02/15/19	02/28/19	\$ 0.4500000	\$ 0.2366364	\$ 0.2274560	\$ 0.0091804	\$ 0.2133636
05/20/19	05/31/19	0.4500000	0.2366364	\$ 0.2274560	0.0091804	\$ 0.2133636
08/20/19	08/30/19	0.4500000	0.2366364	\$ 0.2274560	0.0091804	\$ 0.2133636
11/15/19	11/30/19	0.4500000	0.2366364	\$ 0.2274560	0.0091804	\$ 0.2133636
		\$ 1.8000000	\$ 0.9465456	\$ 0.9098240	\$ 0.0367216	\$ 0.8534544
		100.00%	52.59%			47.41%

The 2019 Non-Qualified Ordinary Dividends are also reported on Form 1099-DIV, Box 5, Section 199A Dividends. Treasury Regulation §1.199A-3(c)(2)(ii) requires that shareholders hold their REIT shares for at least 45 days in order

for the dividends to be treated as Section 199A Dividends. Shareholders should consult with their tax advisors to determine whether this requirement affects any portion of the dividends included in Box 5.

About Sabra

Sabra Health Care REIT, Inc. (Nasdaq:SBRA), a Maryland corporation, operates as a self-administered, self-managed real estate investment trust (a "REIT") that, through its subsidiaries, owns and invests in real estate serving the healthcare industry throughout the United States and Canada.

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