



NEWS RELEASE

## Sabra Health Care REIT, Inc. Declares Quarterly Dividend and Announces 2012 First Quarter Earnings Release Date and Conference Call

2012-04-24

IRVINE, Calif., April 24, 2012 (GLOBE NEWSWIRE) -- Sabra Health Care REIT, Inc. (Nasdaq:SBRA) announced today that on April 24, 2012, the Board of Directors declared a quarterly dividend of \$0.33 per share of common stock. The dividend will be paid on May 31, 2012 to stockholders of record as of the close of business on May 15, 2012. Sabra also announced that it will issue a press release for its 2012 first quarter earnings after close of market on Monday, May 7, 2012.

A conference call to discuss the 2012 first quarter earnings will be held on Tuesday, May 8, 2012 at 11:00 am Pacific Time. The dial in number for the conference call is (888) 471-3842 and the participant code is "Sabra." A replay of the call will also be available by dialing (888) 203-1112, passcode 4338191 for 30 days following the call.

Sabra Health Care REIT, Inc. (Nasdaq:SBRA), a Maryland corporation, is a self-administered, self-managed real estate investment trust (a "REIT") that, through its subsidiaries, owns and invests in real estate serving the healthcare industry. Sabra leases properties to tenants and operators throughout the United States. As of March 30, 2012, Sabra's investment portfolio consisted of 99 properties (consisting of (i) 89 skilled nursing/post-acute facilities, (ii) nine senior housing facilities, and (iii) one acute care hospital) and one mezzanine loan investment. As of March 30, 2012, Sabra's properties were located in 24 states and included 10,997 licensed beds.

The Sabra Health Care REIT, Inc. logo is available at <http://www.globenewswire.com/newsroom/prs/?pkgid=8563>

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Source: Sabra Health Care REIT, Inc.