NEWS RELEASE

Sabra Health Care REIT, Inc., Hires Brent Chappell as Executive Vice President - Portfolio Manager

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IRVINE, Calif., July 06, 2017 (GLOBE NEWSWIRE) -- Sabra Health Care REIT, Inc. (NASDAQ:SBRA) is pleased to announce its hiring of Brent Chappell, who will join Sabra's team as Executive Vice President - Portfolio Manager effective immediately.

Within this role, Mr. Chappell will oversee Sabra's burgeoning portfolio of health care properties in the US and Canada. Mr. Chappell comes to Sabra with 30 years of experience in real estate portfolio management, finance and health care, most recently with LTC Properties, Inc. in the role of Senior Vice President of Investment and Portfolio Management. Mr. Chappell's proven ability to drive portfolio performance throughout his career will facilitate Sabra's continued growth and maintain its focus on building a strong position within the healthcare REIT industry.

"Sabra is pleased for the opportunity to expand its management team with someone of Brent's talent, skill and character. We've known Brent for a number of years and actually discussed potential opportunities with him at the time of Sabra's spin. It seemed inevitable that he would be on the team at some point," said Rick Matros, chief executive officer of Sabra. Mr. Matros added, "Brent joining Sabra at this strategic juncture is the perfect circumstance. We look forward to our continuing adventure with him now on the team."

Mr. Chappell joins Sabra at a time when the company is experiencing a period of dynamic expansion through a merger with Care Capital Properties, Inc. (NYSE:CCP) and its own active acquisition pipeline.

Says Mr. Chappell, "I am delighted to join Sabra and be afforded the opportunity to collaborate with this talented, highly-regarded team – particularly during such an exciting period in the company's continued growth and further evolution."

Mr. Chappell graduated from the University of California, Los Angeles with a bachelor's degree in political science/ business administration, holds an MBA in finance from the University of California, Irvine Paul Merage School of Business, and is scheduled to obtain a master's degree from the University of Southern California Davis School of Gerontology in 2018.

Sabra Health Care REIT, Inc. (Nasdaq:SBRA) (Nasdaq:SBRAP), a Maryland corporation, operates as a self-administered, self-managed real estate investment trust (a "REIT") that, through its subsidiaries, owns and invests in real estate serving the healthcare industry. Sabra leases properties to tenants and operators throughout the United States and Canada.

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