NEWS RELEASE

Sabra Health Care REIT, Inc., Hires Peter W. Nyland as Senior Vice President of Asset Management

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IRVINE, Calif., Jan. 15, 2013 (GLOBE NEWSWIRE) -- Sabra Health Care REIT, Inc. ("Sabra," the "Company" or "we") (Nasdaq:SBRA) is pleased to announce its hiring of Peter W. Nyland, who will join Sabra's team as Senior Vice President of Asset Management, effective immediately.

Within this role, Nyland will oversee Sabra's asset management function. Nyland's proven background as SVP of Purchasing, Asset Development and Real Estate for Sun Healthcare Group, Inc. will support Sabra's continued growth, allowing the company to further its position within the healthcare REIT industry. "I've known and worked with Pete for ten years. Pete has an operating background and in his years at Sun Healthcare Group headed up construction, development, and capital expenditures," said Rick Matros, Chief Executive Officer of Sabra. Matros added, "That background makes him a perfect fit for the culture we have developed at Sabra and we believe he will bring great value to our operating partners."

Nyland comes to Sabra with over 29 years of experience in the health care/nursing industry. He graduated Summa Cum Laude with a Bachelor of Science degree in Health Care Administration from State University of New York at Utica. Nyland resides in New Mexico.

Sabra Health Care REIT, Inc. (Nasdaq:SBRA), a Maryland corporation, operates as a self-administered, self-managed real estate investment trust (a "REIT") that, through its subsidiaries, owns and invests in real estate serving the healthcare industry. Sabra leases properties to tenants and operators throughout the United States. As of January 15, 2013, Sabra's investment portfolio included 120 properties leased to operators/tenants under triple-net lease agreements (consisting of (i) 97 skilled nursing/post-acute facilities, (ii) 22 senior housing facilities, and (iii) one acute care hospital) and two mortgage loan investments. As of January 15, 2013, Sabra's properties were located in 27

states and included 12,552 licensed beds/units.

The Sabra Health Care REIT, Inc. logo is available at **http://www.globenewswire.com/newsroom/prs/?pkgid=8563**

CONTACT: Investor & Media Inquiries: (949) 679-0410

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