NEWS RELEASE

Sabra Health Care REIT, Inc. Participating in the JMP Securities Boston Real Estate Event

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IRVINE, Calif., June 23, 2016 (GLOBE NEWSWIRE) -- Sabra Health Care REIT, Inc. (Nasdaq:SBRA) (Nasdaq:SBRAP) announced today that Rick Matros, the company's Chairman and Chief Executive Officer, will participate in the JMP Securities Boston Real Estate Event on July 7, 2016. The conference will be held at The Langham, Boston in Boston, MA.

Sabra Health Care REIT, Inc. (Nasdaq: SBRA, SBRAP), a Maryland corporation, operates as a self-administered, self-managed real estate investment trust (a "REIT") that, through its subsidiaries, owns and invests in real estate serving the healthcare industry. Sabra leases properties to tenants and operators throughout the United States and Canada.

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