NEWS RELEASE

Sabra Health Care REIT, Inc. Reaffirms Dividend Expectation and Announces 2011 Third Quarter Earnings Release Date and Conference Call

2011-10-05

IRVINE, Calif., Oct. 5, 2011 (GLOBE NEWSWIRE) -- Sabra Health Care REIT, Inc. (Nasdaq:SBRA) today reaffirmed its expectation of a quarterly dividend of $0.32 per share, consistent with the first and second quarters. Pending the board's declaration of the dividend, Sabra expects the dividend will be paid during the fourth quarter of 2011. Sabra also announced that it will issue its 2011 third quarter earnings release after close of market on Wednesday, November 2, 2011.

A conference call to discuss the 2011 third quarter earnings will be held on Thursday, November 3, 2011 at 10:00am Pacific time. The dial in number for the conference call is (877) 795-3610 and the participant code is "Sabra." A replay of the call will also be available by dialing (888) 203-1112, passcode 3116874 for 30 days following the call.

ABOUT SABRA

Subsequent to June 30, 2011, Sabra has expanded its portfolio of properties with its August 1, 2011 acquisition of the Cadia Portfolio, a portfolio of four skilled nursing facilities with a combined total of 500 beds located in Delaware. Additionally, on September 30, 2011 Sabra acquired Manokin Manor & Rehabilitation Center, a 135 bed skilled nursing facility in Maryland, and Honey Hill Care Center, a 150 bed skilled nursing facility in Connecticut.

The Sabra Health Care REIT, Inc. logo is available at **http://www.globenewswire.com/newsroom/prs/?pkgid=8563**

CONTACT: Investor & Media Inquiries: (949) 679-0410

Source: Sabra Health Care REIT, Inc.