NEWS RELEASE

Sabra Health Care REIT, Inc. Senior Management to Participate in the 2013 Jefferies Global Healthcare and Life Science REIT Conference

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IRVINE, Calif., March 29, 2013 (GLOBE NEWSWIRE) -- Sabra Health Care REIT, Inc. (Nasdaq:SBRA) announced today that Rick Matros, the company's Chairman and Chief Executive Officer, Harold Andrews, the Company's Chief Financial Officer, and Talya Nevo- Hacohen, the Company's Chief Investment Officer, will be participating in the 2013 Jefferies Global Healthcare and Life Science REIT Conference to be held on Tuesday, April 2, 2013 in New York City.

Sabra Health Care REIT, Inc. (Nasdaq:SBRA), a Maryland corporation, operates as a self-administered, self-managed real estate investment trust (a "REIT") that, through its subsidiaries, owns and invests in real estate serving the healthcare industry. Sabra leases properties to tenants and operators throughout the United States.

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Source: Sabra Health Care REIT, Inc.