NEWS RELEASE

Sabra Health Care REIT, Inc. Updates Timing of Fourth Quarter 2015 Earnings Release Date and Conference Call; Senior Management to Participate in the Wells Fargo 19th Annual Real Estate Securities Conference

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IRVINE, Calif., Feb. 08, 2016 (GLOBE NEWSWIRE) -- Sabra Health Care REIT, Inc. (NASDAQ:SBRA) (NASDAQ:SBRAP) announced today that it has updated the timing of its 2015 fourth quarter earnings release and conference call.

Sabra will issue its 2015 fourth quarter earnings before markets open on Monday, February 22, 2016 and a conference call to discuss the 2015 fourth quarter earnings will be held on Monday, February 22 at 11:00 a.m. Pacific Time. The dial in number for the conference call is 888-468-2440 and the participant code is SABRA. A replay of the call will also be available for 30 days following the call, by dialing 888-203-1112 and using the passcode 1411006.

In addition, Sabra announced today that Rick Matros, the company's Chairman and Chief Executive Officer, Harold Andrews, the company's Chief Financial Officer, and Talya Nevo-Hacohen, the company's Chief Investment Officer, will be participating in the Wells Fargo 19th Annual Real Estate Securities Conference on February 24 - 25, 2016 at The Plaza Hotel in New York, New York.

Sabra's earnings conference call date is set for Monday, February 22, 2016 to accommodate for the Wells Fargo conference, and the timing of the earnings release was moved from Sunday, February 21, 2016 to Monday, February 22, 2016 at the request of several analysts and investors.

ABOUT SABRA

Sabra Health Care REIT, Inc. (NASDAQ:SBRA) (NASDAQ:SBRAP), a Maryland corporation, operates as a self-

administered, self-managed real estate investment trust (a "REIT") that, through its subsidiaries, owns and invests in real estate serving the healthcare industry. Sabra leases properties to tenants and operators throughout the United States and Canada.

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