NEWS RELEASE

Sabra Health Care REIT, Inc. Upgraded to Investment Grade Rating of Baa3 by Moody's

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TUSTIN, Calif.--(BUSINESS WIRE)-- Sabra Health Care REIT, Inc. ("Sabra") (Nasdaq: SBRA) announced today that Moody's Ratings ("Moody's") upgraded Sabra's senior unsecured notes rating to "Baa3" from "Ba1", reflecting Sabra's continued strong operating performance and prudent financial management. In conjunction with this upgrade, Moody's has also assigned a "Baa3" issuer rating to Sabra, with a Stable outlook.

Moody's cited several key factors supporting the rating upgrade, including: sound operating performance, diversified portfolio, improving net debt to EBITDA, and the positive long-term outlook for senior housing. For additional information, Moody's report can be found on its website at **www.moodys.com**.

About Sabra

Sabra Health Care REIT, Inc., a Maryland corporation, operates as a self-administered, self-managed real estate investment trust (a "REIT") that, through its subsidiaries, owns and invests in real estate serving the healthcare industry throughout the United States and Canada.

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Source: Sabra Health Care REIT, Inc.