NEWS RELEASE

Sabra Health Care REIT, Inc. to Attend the Capital One Securities Inaugural REIT Conference and the Stifel 2021 Seniors Housing and Healthcare Real Estate Conference

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IRVINE, Calif.--(BUSINESS WIRE)-- Sabra Health Care REIT, Inc. (Nasdaq: SBRA) announced today that Rick Matros, the company's Chairman and Chief Executive Officer, Harold Andrews, the company's Chief Financial Officer, Talya Nevo-Hacohen, the company's Chief Investment Officer, and Michael Costa, the company's Executive Vice President of Finance, will attend the Capital One Securities Inaugural REIT Conference on January 11, 2021.

Additionally, on January 19, 2021, Mr. Matros, Mr. Andrews, Ms. Nevo-Hacohen and Mr. Costa will attend the Stifel 2021 Seniors Housing and Healthcare Real Estate Conference.

About Sabra

Sabra Health Care REIT, Inc., a Maryland corporation, operates as a self-administered, self-managed real estate investment trust (a "REIT") that, through its subsidiaries, owns and invests in real estate serving the healthcare industry throughout the United States and Canada.

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Source: Sabra Health Care REIT, Inc.