NEWS RELEASE

Sabra Health Care REIT, Inc. to Host Bank of America Merrill Lynch in their West Coast Tour

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IRVINE, Calif., Dec. 26, 2018 (GLOBE NEWSWIRE) -- Sabra Health Care REIT, Inc. (Nasdaq: SBRA) announced today that Rick Matros, the company's Chairman and Chief Executive Officer, Harold Andrews, the company's Chief Financial Officer, and Talya Nevo-Hacohen, the company's Chief Investment Officer, will host Bank of America Merrill Lynch as part of their West Coast Tour on January 9th at Sabra's corporate office in Irvine, California.

About Sabra

Sabra Health Care REIT, Inc., a Maryland corporation, operates as a self-administered, self-managed real estate investment trust (a "REIT") that, through its subsidiaries, owns and invests in real estate serving the healthcare industry throughout the United States and Canada.

CONTACT:

Source: Sabra Health Care REIT, Inc.