NEWS RELEASE

Sabra Health Care REIT, Inc. to Participate in Three September 2016 Industry Conferences

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IRVINE, Calif., Aug. 30, 2016 (GLOBE NEWSWIRE) -- Sabra Health Care REIT, Inc. (Nasdaq:SBRA) (Nasdaq:SBRAP) announced today that Rick Matros, the Company's Chief Executive Officer and Chairman, and Harold Andrews, the Company's Chief Financial Officer, will be participating in the Bank of America Merrill Lynch 2016 Global Real Estate Conference. The conference is being held September 13-14, 2016 at the Westin Hotel Times Square in New York, New York.

Mr. Matros will also join Talya Nevo-Hacohen, the Company's Chief Investment Officer, and Tri Tran, the Company's Vice President of Acquisitions, in attending the 2016 NIC Fall ConferenceSeptember 14-16, 2016. The conference will be held at the Marriott Marquis, in Washington, D.C.

In addition, Mr. Matros and Mr. Andrews will be participating in the BMO Capital Markets 11th Annual Real Estate Conference, being held September 19-20, 2016 at the Fairmont Chicago Millennium Park, in Chicago, Illinois.

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Source: Sabra Health Care REIT, Inc.