NEWS RELEASE

# Sabra Health Care REIT, Inc. to Participate in the NAREIT 2016 REITWeek and Barclays 2016 HYBSL Conferences

2016-05-24

IRVINE, Calif., May 24, 2016 (GLOBE NEWSWIRE) -- Sabra Health Care REIT, Inc. (Nasdaq:SBRA) (Nasdaq:SBRAP) announced today that Rick Matros, the Company's Chairman and Chief Executive Officer, Harold Andrews, the Company's Chief Financial Officer, and Talya Nevo-Hacohen, the Company's Chief Investment Officer, will be participating in the NAREIT REITWeek ConferenceJune 7-9, 2016. Mr. Matros will be presenting on Tuesday, June 7. The conference will be held at the Waldorf Astoria New York, New York.

In addition, Mr. Andrews, along with Michael Costa, Senior Vice President of Finance & Controller, will be attending the Barclays High Yield Bond and Syndicated Loan ConferenceJune 8-10, 2016. Mr. Andrews and Mr. Costa will be presenting on Friday, June 10. The conference will be held at The Broadmoor, in Colorado Springs, Colorado.

Sabra Health Care REIT, Inc. (Nasdaq:SBRA) (Nasdaq:SBRAP), a Maryland corporation, operates as a self-administered, self-managed real estate investment trust (a "REIT") that, through its subsidiaries, owns and invests in real estate serving the healthcare industry. Sabra leases properties to tenants and operators throughout the United States and Canada.

Source: Sabra Health Care REIT, Inc.