



NEWS RELEASE

## Sabra Health Care REIT, Inc. to Participate in the NIC 2016 Spring Investment Forum and the CITI 2016 Global Property CEO Conference

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IRVINE, Calif., Feb. 18, 2016 (GLOBE NEWSWIRE) -- Sabra Health Care REIT, Inc. (Nasdaq:SBRA) (Nasdaq:SBRAP) announced today that Rick Matros, the company's Chairman and Chief Executive Officer, Harold Andrews, the company's Chief Financial Officer, and Talya Nevo-Hacohen, the company's Chief Investment Officer, will be participating in the NIC 2016 Spring Investment Forum on March 9 - 11, 2016 at the Omni Hotel in Dallas, Texas.

In addition, Sabra announced today that Rick Matros, Harold Andrews and Talya Nevo-Hacohen will be participating in the CITI 2016 Global Property CEO Conference on March 13 - 16, 2016 at The Diplomat Resort & Spa in Hollywood, Florida.

The Sabra Health Care REIT, Inc. logo is available at <http://www.globenewswire.com/newsroom/prs/?pkgid=8563>

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