



NEWS RELEASE

Sabra Health Care REIT, Inc. to Participate in the Stifel 2020 Seniors Housing & Healthcare Real Estate Conference

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IRVINE, Calif.--(BUSINESS WIRE)-- Sabra Health Care REIT, Inc. (Nasdaq: SBRA) announced today that Rick Matros, the company's Chairman and Chief Executive Officer, Harold Andrews, the company's Chief Financial Officer, and Talya Nevo-Hacohen, the company's Chief Investment Officer, will attend the Stifel 2020 Seniors Housing & Healthcare Real Estate Conference on January 22, 2020 at the JW Marriott Desert Springs Resort & Spa in Palm Desert, CA. Mr. Matros will also participate on the Skilled Nursing Facilities panel discussion at 9:00 AM that day.

About Sabra

Sabra Health Care REIT, Inc., a Maryland corporation, operates as a self-administered, self-managed real estate investment trust (a "REIT") that, through its subsidiaries, owns and invests in real estate serving the healthcare industry throughout the United States and Canada.

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