NEWS RELEASE

Sabra Health Care REIT, Inc. to Present at the Barclays Capital High Yield Bond and Syndicated Loan Conference

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IRVINE, Calif., March 15, 2012 (GLOBE NEWSWIRE) -- Sabra Health Care REIT, Inc. (Nasdaq:SBRA) announced today that Harold Andrews, the company's Chief Financial Officer, will present at the Barclays Capital High Yield Bond and Syndicated Loan Conference on March 26, 2012 at 8:10am mountain time. The conference will be held at The Arizona Biltmore Hotel in Phoenix, Arizona.

Sabra Health Care REIT, Inc., a Maryland corporation, is a self-administered, self-managed real estate investment trust that, through its subsidiaries, owns and invests in real estate serving the healthcare industry. Sabra leases properties to tenants and operators throughout the United States. As of December 31, 2011, Sabra's investment portfolio consisted of 97 real estate properties: (i) 76 skilled nursing facilities, (ii) ten combined skilled nursing, assisted living and independent living facilities, (iii) six assisted living facilities, (iv) two mental health facilities, (v) one independent living facility, (vi) one continuing care retirement community, and (vii) one acute care hospital. As of December 31, 2011, Sabra's properties were located in 23 states and included 10,877 licensed beds.

The Sabra Health Care REIT, Inc. logo is available at **http://www.globenewswire.com/newsroom/prs/?pkgid=8563**

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