NEWS RELEASE

Sabra Health Care REIT, Inc. to Present at the JMP Securities Research Conference

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IRVINE, Calif., April 30, 2012 (GLOBE NEWSWIRE) -- Sabra Health Care REIT, Inc. (Nasdaq:SBRA) announced today that Rick Matros, the company's Chairman and Chief Executive Officer, will present at the JMP Securities Research Conference on May 14, 2012 at 4:00pm pacific time. The conference will be held at The Ritz Carlton Hotel in San Francisco, California.

Sabra Health Care REIT, Inc. (Nasdaq:SBRA), a Maryland corporation, is a self-administered, self-managed real estate investment trust (a "REIT") that, through its subsidiaries, owns and invests in real estate serving the healthcare industry. Sabra leases properties to tenants and operators throughout the United States. As of March 30, 2012, Sabra's investment portfolio consisted of 99 properties (consisting of (i) 89 skilled nursing/post-acute facilities, (ii) nine senior housing facilities, and (iii) one acute care hospital) and one mezzanine loan investment. As of March 30, 2012, Sabra's properties were located in 24 states and included 10,997 licensed beds.

The Sabra Health Care REIT, Inc. logo is available at **http://www.globenewswire.com/newsroom/prs/?pkgid=8563**

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