

# Mannatech Premieres Powerful New Documentary on Marathon Legend Steve Edwards

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“The Long Run” showcases a world-record journey powered by Glycan Replenishment Therapy and unmatched determination.

FLOWER MOUND, Texas--(BUSINESS WIRE)-- Global health and wellness innovator Mannatech is proud to premiere Steve Edwards: The Long Run, an 11-minute short documentary chronicling the unbelievable true story of Steve Edwards—an everyday man turned endurance icon. With over 1,000 official marathons completed in record-setting average times, Edwards’ legacy is one of resilience, quiet determination and the pursuit of human potential. The film debuts globally today, May 21, and is followed by an in-depth interview with Steve Edwards himself following the documentary. It is available to watch free at [events.mannatech.com](https://events.mannatech.com) (registration required) and on the [company’s Facebook page](#), beginning at 7:30 p.m. CT.

From a modest upbringing in Coventry, England, to three Guinness World Records and a final race that brought a crowd to tears, Steve’s journey defies logic. Despite genetic challenges that made endurance athletics significantly harder, Steve pushed beyond the odds to set a new world record for running 1,000 official marathons in a faster average finish time than anyone else on the planet—averaging 3 hours, 21 minutes, and 47 seconds per race.

Steve credits Mannatech’s Glycan Replenishment Therapy with helping him recover faster, train harder and extend his running longevity well into his 60s.\* “These products were a game-changer,” he says in the documentary’s companion interview. “Better recovery meant better training, and that meant better performance. The real impact showed up in my longevity—that’s why I was able to go from 500 marathons to 1,000.” \*His daily regimen includes **Ambrotose Life® powder and other foundational glycan-based supplements**, which he says helped support his immune system and remain resilient across decades of high-level competition.\*

Landen Fredrick, CEO of Mannatech, shared the company's pride in presenting the story: "Steve's commitment to excellence—despite circumstances that would stop most people in their tracks—reflects the values we hold close at Mannatech. We're honored to have played even a small role in his journey and proud to bring this inspiring story to the world."

Produced by acclaimed filmmaker Jim Fabio of **True Blue Creative**, *The Long Run* blends emotion, science and storytelling into a moving celebration of what's possible when nutrition, mindset and grit align.

The premiere is followed by an exclusive interview where Steve breaks down his nutritional protocol, training mindset and the overlooked importance of glycans. Viewers can register now and watch the premiere at **events.mannatech.com**—complimentary access is available to all.

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