

NEWS RELEASE

Mannatech's Ambrotose® Powders May Enhance Video Game Player Performance

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Mannatech Supplement Shown to Improve Focus, Attention and Memory in adults,* Essentials in Video Gaming Performance

COPPELL, Texas--(BUSINESS WIRE)--Mar. 10, 2016-- **Mannatech, Incorporated** (NASDAQ: **MTEX**), the founder of the **M5MSM (Mission 5 MillionSM) Foundation**, the pioneer of Glyconutrition and the global innovator of naturally sourced supplements based on **Real Food Technology® solutions**, believes that its Ambrotose supplement powders can support key performance factors for video gamers, including increased focus, attention and memory.* Supporting these factors may have a positive, direct effect on player performance, which can be a big advantage for competitive e-sports players or those just trying to take down the bad guys in their favorite game.

According to clinical research at Mannatech, randomized, double-blind, placebo-controlled human clinical trials published in peer reviewed journals have shown that Ambrotose powders can positively impact brainwaves associated with attention in young adults and improve memory and alertness in middle-aged adults.*

"We have found in previous studies that Ambrotose powder may give a helpful boost in memory, focus and attention as well as having perceived beneficial changes in well-being," said Dr. Rolando Maddela, MPH, CCRP, Mannatech's Director of Clinical Research and Scientific Affairs. "For some involved in video games, Ambrotose products may give the competitive advantage they are looking for. For others it may make the video game playing experience simply more enjoyable.* Just four grams per day of Advanced Ambrotose® powder or Ambrotose Complex, taken according to directions, would be expected to support gamers' performance."*

Mannatech's Ambrotose powders are based on the company's pioneering development of Glyconutritional technology. Glyconutritional technology encourages cellular communication and is shown to support cognitive

functions – including memory, focus and attention, as well as supporting the body's immune and digestive systems to encourage overall health.*

Some of Mannatech's core products are supported by industry-standard clinical studies including 17 human clinical trials that have been published, 12 of which were double-blind, placebo-controlled studies — the gold standard for product validation. For more on Mannatech's rigorous scientific research, go to mannatechscience.org.

Advanced Ambrotose and **Ambrotose Complex** powders are clinically tested to improve cognitive functions and support the body's immune system.*

Additionally, for players that need to keep going strong during long gaming sessions or intense competitive gaming matches, Mannatech offers **MannaBOOM™ Slimsticks**. MannaBOOM Slimsticks are packed with naturally-sourced antioxidants and Mannatech's core Glyconutrient ingredients. The tasty slimsticks can be taken anywhere, anytime and give a quick, powerful boost to the immune system with an herbal and glyconutrient blend of plant and food-sourced vitamins.*

For more information about Mannatech and its products, go to Mannatech.com.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

About Mannatech

Mannatech, Incorporated, develops high-quality health, weight and fitness, and skin care products that are based on the solid foundation of nutritional science and development standards. Mannatech is dedicated to its platform of Social Entrepreneurship based on the foundation of promoting, aiding and optimizing childhood nutrition where it is needed around the world. Mannatech's proprietary products are available through independent sales associates around the globe including the United States, Canada, South Africa, Australia, New Zealand, Austria, Denmark, Germany, Norway, Sweden, the Netherlands, the United Kingdom, Japan, Taiwan, Singapore, Estonia, Finland, the Republic of Ireland, Czech Republic, the Republic of Korea, Mexico, Namibia, Spain, Hong Kong and Colombia. For more information, visit Mannatech.com.

Please note: This release contains "forward-looking statements" within the meaning of Section 27A of the Securities Act of 1933, as amended, Section 21E of the Securities Exchange Act of 1934, as amended, and the Private Securities Litigation Reform Act of 1995. These forward-looking statements generally can be identified by use of phrases or terminology such as "intend" or other similar words or the negative of such terminology. Similarly, descriptions of Mannatech's objectives, strategies, plans, goals or targets contained herein are also considered

forward-looking statements. Mannatech believes this release should be read in conjunction with all of its filings with the United States Securities and Exchange Commission and cautions its readers that these forward-looking statements are subject to certain events, risks, uncertainties and other factors. Some of these factors include, among others, Mannatech's inability to attract and retain associates and members, increases in competition, litigation, regulatory changes and its planned growth into new international markets. Although Mannatech believes that the expectations, statements and assumptions reflected in these forward-looking statements are reasonable, it cautions readers to always consider all of the risk factors and any other cautionary statements carefully in evaluating each forward-looking statement in this release, as well as those set forth in its latest Annual Report on Form 10-K and Quarterly Report on Form 10-Q, and other filings filed with the United States Securities and Exchange Commission, including its current reports on Form 8-K. All of the forward-looking statements contained herein speak only as of the date of this release.

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