## Chartwell Announces September 2026 Distribution and Provides Update on Same Property Occupancy

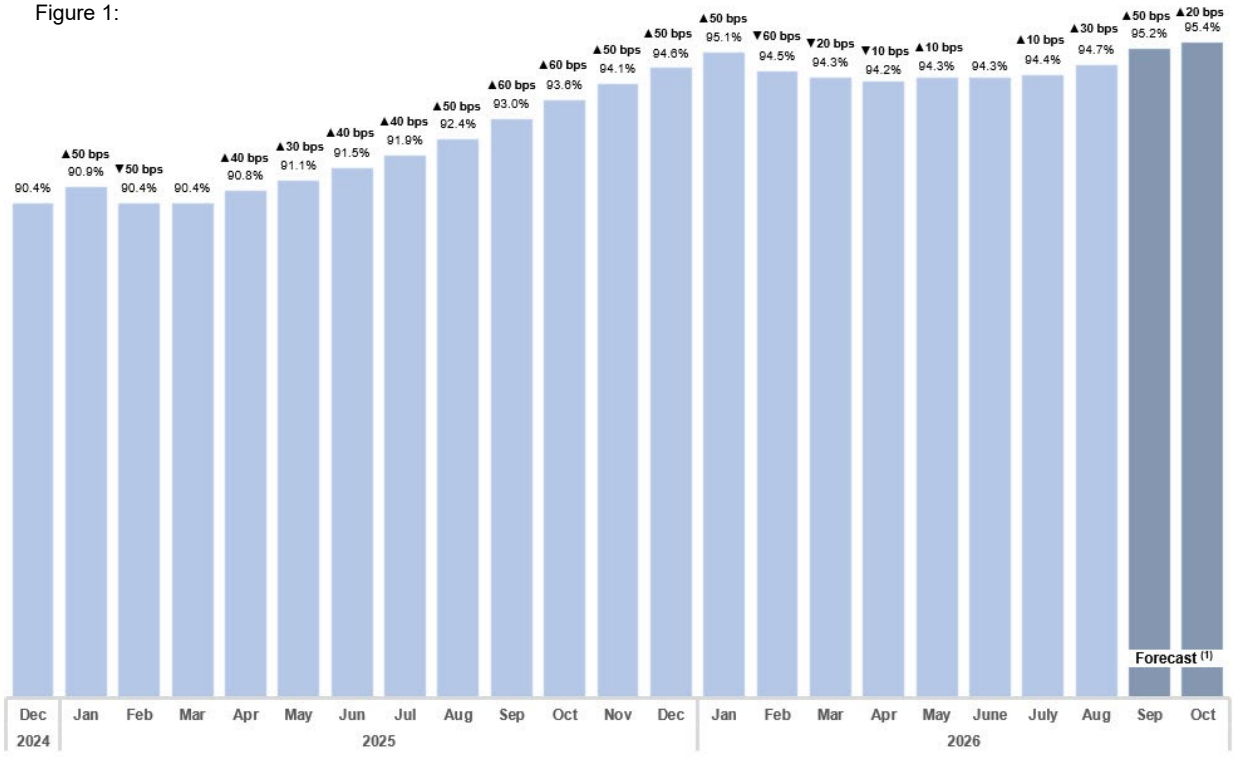
**MISSISSAUGA, ON** – September 15, 2026 – Chartwell Retirement Residences ("Chartwell") (TSX: CSH.UN) announced today a cash distribution of $0.052 per Trust Unit. The cash distribution will be payable on October 15, 2026, to unitholders of record on September 30, 2026.

Unitholders can participate in Chartwell's Distribution Reinvestment Plan ("DRIP"). Eligible investors registered in the DRIP will have their monthly cash distributions used to purchase Trust Units and will also receive bonus units equal to 3% of their monthly cash distributions. DRIP offers unitholders the opportunity to steadily increase their ownership in Chartwell without incurring any commission or brokerage fees. Complete details of the DRIP are available on Chartwell's website at investors.chartwell.com or from a unitholder's investment advisor.

### Update on Same Property Occupancy

The chart included (Figure 1) summarizes Chartwell's monthly same property weighted average occupancy rates for the months ended December 31, 2024, through to August 31, 2026, and provides forecasts for same property weighted average occupancy for the months ending September 30, 2026 and October 31, 2026.

Figure 1:




*(1) Forecast includes leases and notices as at August 31, 2026 and an estimate of mid-month move-ins of 20 bps for September and 60 bps for October, based on the preceding 12 months average of such activity.*

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**About Chartwell**
Chartwell is in the business of serving and caring for Canada's seniors, committed to its vision of Making People's Lives BETTER and to providing a happier, healthier, and more fulfilling life experience for its residents. Chartwell is an unincorporated, open-ended real estate trust which indirectly owns and operates a complete range of seniors housing communities, from independent living through to assisted living and long-term care. Chartwell is one of the largest operators in Canada, serving over 30,000 residents in four provinces across the country. For more information, visit www.chartwell.com.

***Forward-Looking Information***
*This press release contains forward-looking information that reflects the current expectations, estimates and projections of management about the future results, performance, achievements, prospects or opportunities for Chartwell and the seniors housing industry. Forward-looking statements are based upon a number of assumptions and are subject to a number of known and unknown risks and uncertainties, many of which are beyond our control, and that could cause actual results to differ materially from those that are disclosed in or implied by such forward-looking statements. Examples of forward-looking information in this document include, but are not limited to, statements regarding predictions and expectations with respect to occupancy rate forecasts. There can be no assurance that forward-looking information will prove to be accurate, as actual results and future events could differ materially from those expected or estimated in such statements. Accordingly, readers should not place undue reliance on forward-looking information. These factors are more fully described in the "Risks and Uncertainties and Forward-Looking Information" section in our Management's Discussion and Analysis for the year ended December 31, 2025 (the "2025 MD&A"), and in materials filed with the securities regulatory authorities in Canada from time to time, including but not limited to our Annual Information Form (the "AIF"). A copy of the 2025 MD&A, the AIF and Chartwell's other publicly filed documents can be accessed under Chartwell's profile on SEDAR+ at www.sedarplus.com. Except as required by law, Chartwell does not intend to update or revise any forward-looking statements, whether as a result of new information, future events or for any other reason.*

For more information, please contact:
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