NEWS RELEASE

86-Year Old Named 2010 Senior Star Winner

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MISSISSAUGA, ONTARIO -- (MARKET WIRE) -- 10/20/10 -- Editors Note: There is a photo associated with this press release.

Chartwell Seniors Housing Real Estate Investment Trust (TSX: CSH.UN) - Following 60 regional competitions and a star-studded National Final on October 18th in the Concert Hall at The Carlu in Toronto, Ontario Vic Johnson of Gravenhurst, Ontario was named Chartwell's 2010 Senior Star.

It was a difficult decision for celebrity judges Gordie Tapp, Tim Louis and Dan Clancy each of whom are well-known performers who have made their own impact on the Canadian music and television industry. First runner-up Barry Greene hails from Prescott, Ontario while second runner-up, Carmencita Hill, resides in Mississauga, Ontario.

Vic Johnson originally played at The Carlu, a historic Toronto venue formally known as "Eaton's Seventh Floor," as a 10-year old student competing in a piano recital. 76-years later, he returned to the stage to dazzle the crowd with the piano composition 'Dizzy Fingers.' "This was a superb experience and I thank Chartwell for the opportunity," said winner Vic Johnson. "Winning a prize is wonderful, but it was the enthusiastic response of the audience that gives me inspiration to continue."

Featuring 10 finalists from across Canada, the event was hosted by the talented Dinah Christie and featured some of the best performers over the age of 65 in Canada. "This event matters to Chartwell because it allows seniors to break out of a mold that our society often puts them in," said Brent Binions, President and CEO of Chartwell Seniors Housing REIT. "All of our top ten finalists are winners and they each did a tremendous job in their performances."

Chartwell Seniors Housing REIT operates and manages 150 retirement residences and long term care homes across

Canada.

Additional photos are available upon request. A full list of finalists can be found at **www.chartwellreit.ca**.

NOTE: To view the photo associated with this press release, please visit the following link: **http://www.marketwire.com/library/20101020-VicJohnson8.jpg**.

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