NEWS RELEASE

Chartwell First Quarter 2007 Results and Conference Call

2007-04-19

MISSISSAUGA, ONTARIO--(CCNMatthews - April 19, 2007) - Chartwell Seniors Housing Real Estate Investment Trust (TSX:CSH.UN) will issue its financial results for the three months ended March 31, 2007 during the afternoon of Thursday, May 10, 2007.

A conference call hosted by Stephen Suske, Vice Chair and Co-Chief Executive Officer, Robert Ezer, President and Co-Chief Executive Officer, Brent Binions, Senior Executive Vice President, Cam Crawford, Chief Operating Officer and Vlad Volodarski, Chief Financial Officer, will be held Friday, May 11, 2007 at 10:00 AM ET.

The telephone numbers for the conference call are:

Local: (416) 849-5562

Toll Free: (866) 269-7096

The conference call can also be heard over the Internet. Access the Chartwell REIT web site at **www.chartwellreit.ca**, click on "Investor Relations" and follow the link at the top of the page.

A slide presentation to accompany management's comments during the conference call will be available. To view the slides, access the Chartwell web site at **www.chartwellreit.ca**, click on "Investor Relations" and follow the link at the top of the page. Please log on at least 15 minutes before the call commences.

The telephone numbers to listen to the call after it is completed (Instant Replay) are local (416) 915-1035 or toll-free

(866) 245-6755. The Passcode for the Instant Replay is 548455#. The Instant Replay will be available until midnight, May 17, 2007. The call, along with the companying slides, will also be archived on the Chartwell REIT web site at **www.chartwellreit.ca**.

Chartwell REIT is a growth-oriented investment trust owning and managing a complete spectrum of seniors housing communities. It is now the largest participant in the Canadian seniors housing business with a growing presence in the United States. Chartwell will capitalize on the strong demographic trends present in its markets to grow internally and through accretive acquisitions. Chartwell REIT also has an exclusive option to purchase stabilized communities from Spectrum Seniors Housing Development LP, Canada's largest and fastest growing seniors housing development company.

Chartwell's Distribution Reinvestment Plan (DRIP) allows Unitholders to have their monthly cash distributions used to purchase Trust Units without incurring commission or brokerage fees, and receive bonus Units equal to 3% of their monthly cash distributions. More information can be obtained at **www.chartwellreit.ca**.

FOR FURTHER INFORMATION PLEASE CONTACT:
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Source: Chartwell Seniors Housing REIT

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