NEWS RELEASE

Chartwell First Quarter 2012 Results and Conference Call

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MISSISSAUGA, ONTARIO -- (Marketwire) -- 04/16/12 -- Chartwell Seniors Housing Real Estate Investment Trust (TSX: CSH.UN) ("Chartwell") will issue its financial results for the three months ended March 31, 2012 on May 8, 2012.

A conference call hosted by Brent Binions, President and Chief Executive Officer, Vlad Volodarski, Chief Financial Officer and Karen Sullivan, Chief Operating Officer will be held Wednesday, May 9, 2012 at 10:00 AM ET.

The telephone numbers for the conference call are:

Local: (416) 849-5562
Toll Free: (866) 269-7096

The conference call can also be heard over the Internet. Access the Chartwell web site at **www.chartwellreit.ca** click on "Investor Relations" and follow the link at the top of the page.

A slide presentation to accompany management's comments during the conference call will be available. To view the slides, access the Chartwell web site at **www.chartwellreit.ca**, click on "Investor Relations" and follow the link at the top of the page. Please log on at least 15 minutes before the call commences.

The telephone numbers to listen to the call after it is completed ("Instant Replay") are: Local: (416) 915-1035; or Toll free: (866) 245-6755. The Passcode for the Instant Replay is 476290#. The call, along with the accompanying slides,

will also be archived on the Chartwell web site.

Chartwell is a real estate investment trust which indirectly owns and operates a complete range of seniors housing communities from independent supportive living through assisted living to long term care. It is one of the largest participants in the seniors housing business in North America. Chartwell's aim is to capitalize on the strong demographic trends present in its markets to maximize the value of its existing portfolio of seniors housing communities, and prudently avail itself of opportunities to grow internally and through accretive acquisitions.

Chartwell's Distribution Reinvestment Plan ("DRIP") allows Unitholders to have their monthly cash distributions used to purchase units without incurring commission or brokerage fees, and receive bonus units equal to 3% of their monthly cash distributions. More information can be obtained at **www.chartwellreit.ca**.

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Source: Chartwell Seniors Housing REIT