NEWS RELEASE

Chartwell REIT Appoints New Director

2010-08-13

MISSISSAUGA, ONTARIO -- (MARKET WIRE) -- 08/13/10 -- Chartwell Seniors Housing Real Estate Investment Trust (TSX: CSH.UN) announced today that Ms. Sharon Sallows has been appointed a member of the Board of Directors of Chartwell Master Care Corporation.

Ms. Sallows is a member of the Board of Trustees of RIOCAN Real Estate Investment Trust, the Board of Directors of the Ontario Teachers' Pension Pan, and is Chair of the Board of Directors of Executive Risk Services Ltd., a private Lloyds of London coverholder specializing in professional liability, trade credit, privacy and network liability insurance. She has over twenty-five years of experience having held numerous high level banking, real estate finance, management and advisory positions. Ms. Sallows is a former Executive Vice President of MICC Properties Inc., and has previously held positions at a major Canadian chartered bank, including Senior Vice President, Real Estate and Corporate Banking. She received a B.A. from Carelton University in 1970, an M.Sc. from the London School of Economics in 1973, and a Ph.D. from The Wharton School, University of Pennsylvania in 1978.

"We are very pleased to welcome Sharon Sallows to Chartwell," stated Michael D. Harris, Chairman. "Sharon brings a wealth of real estate, finance and public company experience, and is very familiar with the REIT's business and future prospects as a result of providing consulting services to Chartwell over the last few years. We look forward to working with her in the years to come."

Chartwell is a real estate investment trust which indirectly owns and operates a complete range of seniors housing communities from independent supportive living ("ISL") through assisted living ("AL") to long-term care ("LTC"). It is one of the largest participants in the seniors housing business in North America. Chartwell's aim is to capitalize on the strong demographic trends present in its markets to maximize the value of its existing portfolio of seniors housing communities, and prudently avail itself of opportunities to grow internally and through accretive

acquisitions.

Chartwell's Distribution Reinvestment Plan (DRIP) allows Unitholders to have their monthly cash distributions used to purchase units without incurring commission or brokerage fees, and receive bonus units equal to 3% of their monthly cash distributions. More information can be obtained at **www.chartwellreit.ca**.

This press release contains forward-looking information that reflects the current expectations, estimates and projections of management about the future results, performance, achievements, prospects or opportunities for Chartwell and the seniors housing industry. The words "plans", "expects", "does not expect", "is expected", "budget", "scheduled", "estimates", "intends", "anticipates", "does not anticipate", "projects", "believes" or variations of such words and phrases or statements to the effect that certain actions, events or results "may", "will", "could", "would", "might", "occur", "be achieved" or "continue" and similar expressions identify forward-looking statements. Forward-looking statements are based upon a number of assumptions and are subject to a number of known and unknown risks and uncertainties, many of which are beyond our control, and that could cause actual results to differ materially from those that are disclosed in or implied by such forward-looking statements.

While we anticipate that subsequent events and developments may cause our views to change, we do not have an intention to update this forward-looking information, except as required by applicable securities laws. This forward-looking information represents our views as of the date of this press release and such information should not be relied upon as representing our views as of any date subsequent to the date of this document. We have attempted to identify important factors that could cause actual results, performance or achievements to vary from those current expectations or estimated expressed or implied by the forward-looking information. However, there may be other factors that cause results, performance or achievements not to be as expected or estimated and that could cause actual results, performance or achievements to differ materially from current expectations. There can be no assurance that forward-looking information will prove to be accurate, as actual results and future events could differ materially from those expected or estimated in such statements. Accordingly, readers should not place undue reliance on forward-looking information. These factors are not intended to represent a complete list of the factors that could affect us. See "Risks and Uncertainties" in our MD&A and risk factors highlighted in materials filed with the securities regulatory authorities in Canada from time to time, including but not limited to our most recent annual information form.

Funds from Operation ("FFO"), Adjusted Funds from Operations ("AFFO") and Net Operating Income ("NOI") are not measures recognized under GAAP and do not have a standardized meaning prescribed by GAAP. They are presented because management believes these non-GAAP measures are relevant measures of Chartwell's performance. FFO, AFFO and NOI as computed by Chartwell may differ from similar computations as reported by other issuers and, accordingly, may not be comparable to those reported by such issuers. Chartwell's Q2, 2010

MD&A contains a reconciliation of Net Income/Loss to FFO and the calculation of AFFO for the three and six months periods ended June 30, 2010 and 2009. Detailed descriptions of these terms are contained in Chartwell's 2009 MD&A, available at **www.sedar.com**.

Contacts:
Chartwell Seniors Housing Real Estate Investment Trust
Vlad Volodarski
Chief Financial Officer
(905) 501-4709
(905) 501-4710 (FAX)
vvolodarski@chartwellreit.ca