NEWS RELEASE

# Chartwell REIT Strengthens Management Team with New Appointment

2006-08-22

MISSISSAUGA, ONTARIO--(CCNMatthews - Aug. 22, 2006) - Chartwell Seniors Housing Real Estate Investment Trust (TSX:CSH.UN) announced today that Mr. Cam A. Crawford has been appointed Executive Vice President responsible for the REIT's retirement home operations, marketing and development. Mr. Crawford will also be directly responsible for the management of EBITDA (earnings before interest, taxes, depreciation and amortization) and G&A (general and administrative) expenses for the REIT. In addition, Mr. Crawford will oversee North American real estate, including acquisitions, internal growth and mezzanine loan activities of the REIT. Mr. Crawford will report directly to Stephen Suske, Vice Chair and President and Robert Ezer, CEO.

Mr. Crawford is a seasoned executive with years of senior public-company management experience primarily in healthcare and in real estate. Prior to joining Chartwell he was President of MDS Diagnostic Services, a highly profitable division of MDS, Inc. In this role he oversaw a business with revenues of approximately $500 million and 3,500 employees.

Prior to this he was Vice President of Dynacare Health Group, Vice President - Finance, Real Estate Operations and Administration for Ivest Properties, and a General Management Consultant with Ernst & Young. Mr. Crawford holds an Honours Bachelor of Commerce degree from McMaster University and received his Chartered Accountant designation in 1980.

"We are very pleased to welcome Cam to Chartwell," commented Mr. Suske. "His appointment significantly strengthens our senior management team, and his considerable operating experience in the public company sector adds real depth and breadth to our ability to profitably manage our growth going forward."

Chartwell REIT is a growth-oriented investment trust owning and managing a complete spectrum of seniors housing properties. It is currently the second largest participant in the Canadian seniors housing business with a growing presence in the United States. Chartwell will capitalize on the strong demographic trends present in its markets to grow internally and through accretive acquisitions. Chartwell REIT also has an exclusive option to purchase stabilized facilities from Spectrum Seniors Housing Development LP, Canada's largest and fastest growing seniors housing development company.

Chartwell's Distribution Reinvestment Plan (DRIP) allows Unitholders to have their monthly cash distributions used to purchase units without incurring commission or brokerage fees, and receive bonus units equal to 3% of their monthly cash distributions. More information can be obtained at **www.chartwellreit.ca**.

Certain statements contained in this news release may include forward-looking information with respect to Chartwell Seniors Housing Real Estate Investment Trust's operations and future financial results. Such statements are based on current expectations, are subject to a number of uncertainties and risks, and actual results may differ materially from those contained in such statements. These uncertainties and risks include, but are not limited to, availability of resources, competitive pressures, changes in market activity and regulatory requirements. Further information can be found in the disclosure documents filed by Chartwell Seniors Housing Real Estate Investment Trust with the securities regulatory authorities, available at **www.sedar.com**.

FOR FURTHER INFORMATION PLEASE CONTACT:
Chartwell Seniors Housing Real Estate Investment Trust
Mr. Stephen Suske
Vice Chair and President
(905) 501-4701
Fax: (905) 501-9107 (FAX)
ssuske@chartwellreit.cawww.chartwellreit.ca

Source: Chartwell Seniors Housing REIT

Contact: Chartwell Seniors Housing Real Estate Investment Trust Mr. Stephen Suske Vice Chair and President (905) 501-4701 Fax: (905) 501-9107 (FAX) ssuske@chartwellreit.ca www.chartwellreit.ca