NEWS RELEASE

Chartwell Revises Time of Third Quarter 2007 Results and Conference Call

2007-10-16

MISSISSAUGA, ONTARIO--(Marketwire - Oct. 16, 2007) - Chartwell Seniors Housing Real Estate Investment Trust (TSX:CSH.UN) will issue its financial results for the three and nine months ended September 30, 2007 during the afternoon of Thursday, November 8, 2007.

A conference call hosted by Stephen Suske, Vice Chair and Co-CEO, Robert Ezer, President and Co-CEO, Brent Binions, Senior Executive Vice President, Cam Crawford, COO and Vlad Volodarski, CFO, will be held Friday, November 9, 2007 at 8:00 AM ET.

The telephone numbers for the conference call are:

Local: (416) 849-5562
Toll Free: (866) 269-7096

The conference call can also be heard over the Internet. Access the Chartwell REIT web site at **www.chartwellreit.ca**, click on "Investor Relations" and follow the link at the top of the page.

A slide presentation to accompany management's comments during the conference call will be available. To view the slides, access the Chartwell web site at **www.chartwellreit.ca**, click on "Investor Relations" and follow the link at the top of the page. Please log on at least 15 minutes before the call commences.

The telephone numbers to listen to the call after it is completed (Instant Replay) are local (416) 915-1035 or toll-free (866) 245-6755. The Passcode for the Instant Replay is 92997#. The Instant Replay will be available until midnight, November 15, 2007. The call, along with the companying slides, will also be archived on the Chartwell REIT web site at **www.chartwellreit.ca**.

Chartwell is a growth-oriented investment trust owning and managing a complete spectrum of seniors housing communities. It is the largest participant in the Canadian seniors housing business and the third largest in North America. Chartwell will capitalize on the strong demographic trends present in its markets to grow internally and through accretive acquisitions. Chartwell also has an exclusive option to purchase stabilized communities from Spectrum, Canada's largest and fastest growing seniors housing development company.

Chartwell's Distribution Reinvestment Plan (DRIP) allows Unitholders to have their monthly cash distributions used to purchase Trust Units without incurring commission or brokerage fees, and receive bonus Units equal to 3% of their monthly cash distributions. More information can be obtained at **www.chartwellreit.ca**.

FOR FURTHER INFORMATION PLEASE CONTACT:
Chartwell Seniors Housing Real Estate Investment TrustStephen Suske
Vice Chair and Co-CEO
(905) 501-4701
Fax: (905) 501-4710 (FAX)
Email: ssuske@chartwellreit.ca
Website: www.chartwellreit.ca

Source: Chartwell Seniors Housing REIT

Contact: Chartwell Seniors Housing Real Estate Investment Trust Stephen Suske Vice Chair and Co-CEO (905) 501-4701 Fax: (905) 501-4710 (FAX) Email: ssuske@chartwellreit.ca Website: www.chartwellreit.ca