NEWS RELEASE

'Chartwell's National Appreciation of Seniors Day' Honours Over 150 Canadian Seniors

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MISSISSAUGA, ONTARIO--(CCNMatthews - June 19, 2006) -

Attention: News, Lifestyle, Seniors, Entertainment Editors

Residences across Canada join in celebrations on June 21

Chartwell Seniors Housing REIT (TSX:CSH.UN) ("Chartwell") announced today a nationwide celebration in all of their Canadian communities on June 21st as part of Chartwell's National Appreciation of Seniors Day to honour and celebrate seniors for the outstanding contribution they have made to their communities.

"Seniors are a vibrant and caring group who make an enormous contribution to society and to Canada," said Steve Suske, President of Chartwell Seniors Housing REIT. "We're calling on Canadians of all ages to join us at one of our sites on June 21 to recognize the difference that seniors make every day in every community across Canada."

As a show of respect and admiration for seniors, Chartwell's National Appreciation of Seniors Day will include events in every one of the company's retirement and long-term care communities across the country. Every event will feature recognition ceremonies to honour individual seniors who have made an extraordinary contribution to their community. The day will include an afternoon of entertainment open to seniors, their friends, families and members of the community.

Honourees and guests will be presented with a copy of "Reflections", the latest photographic essay by award-winning, acclaimed Canadian photographer, Yuri Dojc. The book includes pictures that capture the spirit and

integrity of Canadian seniors and will be presented for the first time on June 21.

Canada's seniors play a valuable role in communities nationwide. One-third (32%) of all seniors (65 years and older) volunteer their time and the average number of hours volunteered per senior is 245 hours per year, considerably higher than any other age group(1).

Lillian Morgenthau, Founder and President of CARP, Canada's Association for the Fifty-Plus added; "Seniors are a vital part of Canada and their contributions to and within their communities have been endless. We look forward to seniors continuing to play a vital part in Canada's future."

According to data collected by Census Canada, projections indicate that Canada's population of seniors is expected to reach almost 7 million people over 65 years of age by the year 2021 - making up 19 per cent of the country's total population. Projections further indicate that by the year 2041, seniors will represent an estimated 25% of Canada's total population(2).

Those being honoured by Chartwell were selected by Chartwell residents and facility managers and chosen based on local criteria that recognize the person's contribution to the community through activities such as involvement in their region and commitment to volunteerism.

"As leaders in the business of taking care of our nation's moms and dads, the team at Chartwell is in a unique position to see the commitment and dedication displayed by seniors in this country," said Suske. "We are excited to celebrate seniors in our communities and hope that June 21 will provide an opportunity for others to see what we do and acknowledge the many accomplishments of seniors."

For Chartwell's National Appreciation of Seniors Day, Yuri Dojc created "Reflections" as a remarkable collection of portraits and inspiring pearls of wisdom that reveal the charm and character of seniors and their lives. Dojc is renowned for his dramatic commercial photography work and for his fine prints (including portraits and landscapes) which have appeared in publications and collections. Throughout his career, he has displayed a passion for capturing the images of war veterans. In 2005, Dojc was awarded the "Medal of Honor" by the Slovak Ambassador to the USA for his body of work, "We Endured," which featured portraits of Holocaust survivors who still live in Slovakia.

About Chartwell

Chartwell Seniors Housing REIT is Canada's leading provider of the best and broadest range of high quality seniors housing offering a full spectrum of care from independent living to retirement homes to fully serviced long-term care. With over 192 residences, Chartwell is committed to providing Canadian seniors with a safe and rewarding

lifestyle in a residence they are proud to call home. For more information about Chartwell facilities, visit **www.chartwellreit.ca** or call 1-888-584-2386.

Chartwell is a growth-oriented investment trust owning and managing a complete spectrum of seniors housing properties. It is currently the second largest participant in the Canadian seniors housing business with a growing presence in the United States.

(1) Canada Survey of Giving, Volunteering and Participating (GSVP) Statistics Canada, 2004. Published, June 2006.

(2) Growing Up: The Social and Economic Implications of an Aging Population, 2005, produced by the Certified General Accountants of Canada.

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