NEWS RELEASE

Media Advisory: Chartwell Seniors Housing REIT- Nationwide Seniors Singing Competition

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MISSISSAUGA, ONTARIO--(Marketwire - June 1, 2010) - Chartwell Seniors Housing REIT (TSX:CSH.UN) ("Chartwell") invites seniors to participate in the fourth annual "Senior Star" singing and musical instrument competition. Open to anyone 65 and over and a Canadian resident, contestants do not have to be living in a Chartwell residence.

"Chartwell's Senior Star contest has grown to be the largest celebration of seniors' musical talent in Canada," announced Brent Binions, President and CEO of Chartwell Seniors Housing REIT. "We are proud to support the incredible abilities of Canadian seniors."

Regional competitions are scheduled in June. Those wishing to compete may pick up a registration form at their local Chartwell Seniors Housing residence today or visit **www.chartwellreit.ca** for a list of regional competition dates.

First place winners have a chance to be one of ten competitors invited to compete in the Senior Star National Final. Finalists are chosen by a celebrity panel of judges and compete at the historic Carlu, in Toronto, October 18th, 2010.

About Chartwell

Chartwell Seniors Housing REIT is one of Canada's leading providers of high quality seniors housing, offering a full spectrum of care from independent living to retirement residences to fully serviced long-term care. For more information about Chartwell, visit **www.chartwellreit.ca**.

FOR FURTHER INFORMATION PLEASE CONTACT:

Chartwell Seniors Housing REIT
Sharon Henderson
Director of Communications
905-501-4869
shenderson@chartwellreit.ca

Source: Chartwell Seniors Housing REIT

Contact: Chartwell Seniors Housing REIT Sharon Henderson Director of Communications 905-501-4869 shenderson@chartwellreit.ca